

# WOMEN'S HOUSING NEEDS IN REGIONAL AUSTRALIA

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## EXPERIENCE OF HOMELESSNESS

1 in 8 women in regional Australia have experienced homelessness in the past five years.

1 in 5 know at least one woman who is currently experiencing homelessness.

## SAFETY AND SECURITY

1 in 3 women who live in unsuitable housing do not feel safe in their own home. This is more than five times the rate of those who live in suitable housing.



## MANAGING FINANCES

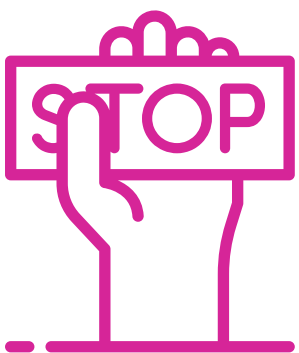
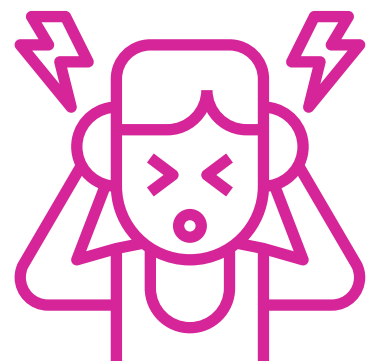
In the past 12 months, women had experienced significant financial hardship.

44% had refrained from heating or cooling their homes, and 30% had gone without meals in order to pay for housing.

## HOUSING STRESS

63% of women have some level of housing stress.

77% of these women say this stress impacts their mental health and wellbeing, and more than half report this stress impacts on their ability to manage their day-to-day, relationships, friendships, and work.



## DOMESTIC AND FAMILY VIOLENCE

Domestic and family violence is the leading cause of homelessness in Australia. 1 in 4 women said their finances and housing had been impacted by domestic and family violence.

## WHAT WOMEN WANT OUT OF THEIR HOUSING

1. Safety
2. Independence and autonomy
3. Security of tenure
4. Access to community amenities and social infrastructure
5. Reduced costs and financial pressures

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